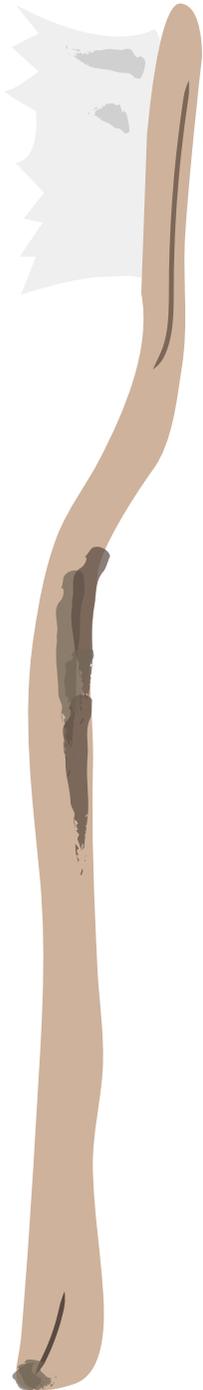
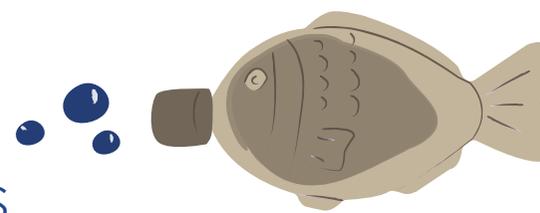


THE BLUE SCIENTIST'S RULES TO RECYCLING



ITEM	YELLOW BIN?	INSTRUCTIONS	ALTERNATIVE
Milk, juice & soft drink bottle	✓	Rinse, take the lid off, scrunch out the air. Put the bottle in the recycling and lid in the general waste (too small to be picked up by the sorting robots)	
Cans	✓	Rinse, scrunch out the air, recycle	
Plastic utensils	✗	Because of their shape, they can't be recognised by the sorting machine so they have to go into general waste	Wooden utensils (can be composted once done)
Plastic plates	✓	Rinse before recycling	Wooden or bamboo disposable plates
Toothbrush, toothpaste & floss	✗	Clean out thoroughly and take them to Terracycle, a company that accepts dental products for recycling. Google them to find one close to you	
Soap & shampoo	✗	Clean thoroughly, take lid off and put in general waste	Soap and shampoo bars are readily available now!
Yoghurt and fruit cups	✓	The cup itself can be recycled after rinsing, but the lid cannot, so put in general waste if plastic	Buy big containers of yoghurt and put them in reusable pouches/containers
Meat tray	MAYBE!	If it's Styrofoam then no, but if it's hard plastic then yes	Bring your own container to a butcher
Fruit punnets	✓	Just make sure it's clean	
Chip and cracker packets	✗	Even though it looks like foil, it's actually a metallised soft plastic. Take it to your local Coles/Woolworths and put it in their soft plastics bin	



ITEM	YELLOW BIN?	INSTRUCTIONS	ALTERNATIVE
Coffee pods	X	General waste but put the coffee grounds in the compost. Or take them to Terracycle	You can also buy reusable coffee pods
Baking paper	✓	Only if there is minimal grease or food residue	Reusable silicone sheets
Pizza box	✓	Only if there is minimal grease or food residue. If there is, tare the lid off and recycle it, and put the base in the general waste	
Tissue box	✓	Remove the plastic lining from the top	Hankies are old fashion but still do the job!
Paper Envelope	✓	You don't need to remove the plastic window	
Soy sauce fish	X	General waste	Buy a bottle and keep it at home or in your office
Foil	✓	Collect enough until it's the size of your fist then recycle	
Receipts	✓		Ask the store to email you one instead
Pasta packet	X	Can be recycled with other soft plastics at Coles/Woolworths	Buy your pasta from a bulk food store or make it from scratch
Takeout containers	✓	Only if they've been cleaned	Bring your own container for your takeaway
CD's DVD's. Wires and E-waster	X	Take them to your local Officeworks	